

Aikido

with

Matti Joensuu

5. Dan Aikikai-Tokyo

16.-18. February 07

Schedule:

Friday	19:30-20:30
Saturday	11:00-12:30
	16:30-18:00
Sunday	11:30-13:00

Half an hour before each class there is going to be basic jo-handling exercises. Feel free to participate or not!

Costs:

40€ for the whole camp,
25€ Saturday only
15€ single class.

Location:

forum ki shin tai
Beethovenstr. 16-18
50764 Cologne
Germany

